



Teachers for the Guild of Psychotherapists' pluralist psychoanalytic supervision training 2023-24

Dr Anne Aiyegbusi is a group analyst, forensic psychotherapist, and supervisor. After taking early retirement from an NHS executive director of nursing role, Anne now works part time as a principal psychotherapist and group analyst within the NHS. She is also director, consultant nurse and psychotherapist at Psychological Approaches CIC where the focus of her work is providing training and consultancy to forensic and offender care services. Anne is a member of the board of trustees at the Institute of Group Analysis and is the member for anti-discrimination and intersectionality. Anne has spoken at national and international psychotherapy conferences for many years. She has also published a number of peer reviewed papers, book chapters and co-edited and co-authored books. She is currently writing a book about forensic psychotherapy and racial trauma.

Jay Barlow is director of training at the Society of Analytical Psychology where he is a training and supervising analyst. In 2022 he was the recipient of the BPC's diversity in training excellence award for further developing a psychoanalytically informed training programme for "Diversity and Otherness" from a developmental perspective. Jay holds an MA in Jungian and post Jungian studies and worked as a psychoanalytic psychotherapist within the NHS. Previously he was deputy director of the analytic training for five years, and also headed the SAP's education faculty. Jay teaches clinical seminars on unconscious fantasy, early relational trauma, and human development in relation to early states of mind in the consulting room. He co-leads an SAP infant observation group and supervises developing analytic groups in Eastern Europe. His private practice is in Clapham, London.

Meg Bisset is an analytical psychologist and a member of the Association of Jungian Analysts and is a co-director of London Analysis, Psychotherapy and Counselling (LAPC). In tandem, Meg has worked in the NHS for over 30 years and has held various senior clinical leadership roles, educating, supervising, and providing oversight to the work of multi-professional individuals and teams that have been required to make particularly complex decisions for people, many who were at the edge of life. She has also contributed to several ethics committees.

Daniel Dacre is a psychoanalytic psychotherapist and supervisor in full time private practice. He originally trained with the Association of Independent Psychotherapists where the training aimed to hold a creative tension between psychoanalysis and analytical psychology. Daniel has run meditation retreats using a self-enquiry technique based on Zen Buddhism, and he spent 20 years working in NHS hospitals. He is a member of the Association for Group and Individual Psychotherapy (AGIP) where he previously chaired the training committee. He is currently the lead practitioner for the reduced fee service at Number 42, a group psychotherapy practice in central London. Daniel is the course leader for The Guild's psychoanalytic supervision training of which he is a graduate.

Peter Finn is a group analyst and psychoanalytic psychotherapist. He has worked in the NHS for 12 years and in a variety of settings including work in universities and with refugees. After qualifying as a teacher Peter worked in therapeutic communities to director level and as a trainer and consultant. More recently he has worked establishing multi-disciplinary services in education, mental health and social care settings for young people with complex needs. Peter works in private practice with individuals and groups and as a supervisor and trainer. Peter consults to the voluntary and private sectors and works as an executive coach. Peter has professional interests in trauma, masculinity and in new discourses on power, diversity, and inclusion within psychotherapy trainings.

Aasra Garrib is a principal adult psychoanalytic psychotherapist for Nottinghamshire Healthcare NHS Foundation Trust where she has worked for the last 20 years. Aasra's psychoanalytic training was with the South Trent Training in the East Midlands where she is both a tutor and trainer. Aasra has an interest in psychoanalytic group psychotherapy and is a graduate of Group Analysis North's diploma in groupwork practice. In addition to her work in the NHS, Aasra has a private practice in Nottingham. Aasra is registered with UKCP and is a member of The Guild of Psychotherapists where she teaches on the clinical training programme. Aasra is deputy course leader for The Guild's psychoanalytic supervision training of which she is a graduate.

Paul Gurney studied philosophy and politics at Southampton University (1979-82), psychodynamic counselling at Goldsmiths College (1989-91) and psychoanalytic psychotherapy at the Philadelphia Association (1993-98). He has been in practice since 1987 in charity, NHS, and private practice settings, and teaches on a number of psychotherapy trainings. Additionally, he has been supervising the work of counsellors, psychotherapists, and other professionals since 1990, and has been involved in the training of supervisors since 2011.

Anne Kane is a psychoanalytic psychotherapist and supervisor, who works in private practice, and teaches in a number of settings. Anne is particularly interested in how psychoanalysis can contribute to understanding the endurance of discrimination and prejudice and draws on a background of work in social policy and research. Anne is a graduate of the Guild's psychoanalytic supervision training.

Alistair Park is a member of the Guild of Psychotherapists and a graduate of the Guild's psychoanalytic supervision training. Having worked clinically in the NHS for nearly 30 years alongside teaching in higher education, he now works mainly in private practice in Central London. He is currently chair of the Inner-City Centre, London (ICCPsychotherapy) and a member of the Guild of Psychotherapists' training committee. He provides supervision to several counselling and psychotherapy agencies across London.

Anne Power has qualifications from The Bowlby Centre, Westminster Pastoral Foundation, Tavistock Relationships and Relate. Her clinical work has been in voluntary settings, in the NHS and in private practice in London where she now works online with couples and supervisees. She has taught on a number of therapy trainings in London. *Contented Couples: Magic, logic or luck?* was published in 2022 and reflects on interviews with eighteen long-term couples. Anne's first book, *Forced Endings in Psychotherapy*, investigated the process of closing a practice for retirement or other reasons. Her published papers explore attachment meaning in the consulting room and in the supervision relationship.

David Richards is a psychodynamic psychotherapist and supervisor in private practice. Over the last 35 years he has worked extensively in the public and private sectors, initially in the HIV field and later managing a community counselling service for older adults. He has particular experience of working with the LGBTQ+ communities, and within his wide theoretical interests has a particular focus on issues of sexuality and identity. He has been a senior tutor on the MSc in psychodynamic therapy at Birkbeck and continues to teach and write on his specialist areas. He has also served on the Board of the British Psychoanalytic Council and is a long-standing member of the BPC advisory committee on sexual and gender diversity. David is a graduate of the Guild's psychoanalytic supervision training.

Jan Wiener is a training analyst and supervisor for the Society of Analytical Psychology. She was vice president of the International Association of Analytical Psychology from 2012 to 2013 with special responsibility for developing training opportunities for those in Eastern Europe without an analytic culture to draw on. She is author of numerous papers and chapters on topics such as training, supervision, and ethics. Jan has a long-term interest in the theory and practice of supervision and edited a book *Supervising and being supervised: a practice in search of a theory* with Richard Mizen and Jenny Duckham, published by Palgrave MacMillan in 2003. Her most recent book, *Jungian analysts working across cultures: from tradition to innovation* was edited with Catherine Crowther and published by Routledge in 2021.

Anne Worthington is a psychoanalyst practising in South London; Anne is a member of the Centre for Freudian Analysis & Research, the College of Psychoanalysts – UK, and the Guild of Psychotherapists.

Jason Wright is a transpersonal and psychoanalytic psychotherapist and author. For twelve years he was clinical director and CEO for the CORE Trust (the holistic addictions charity). Prior to this he was a company manager, producer, and director in theatre. He has since founded Number 42, a group psychotherapy practice in central London. He sustains his private practice there and in North London. His latest publication *Blake's Job: Adventures in becoming* explores the consciousness change we are experiencing through Blake's Illustrations of the Book of Job, individual and group work, and the symptom of addiction. Jason is a graduate of the Guild's psychoanalytic supervision training.